

### Professor Janesh Gupta MSc, MD, FRCOG



#### **Biodata:**

Prof. Janesh is a Professor of Obstetrics and Gynaecology in the School of Clinical and Experimental Medicine, University of Birmingham, Birmingham Women's Hospital. He has been a Consultant Obstetrician and Gynaecologist since 1995, at 31 years of age. Prior to this, he held a Consultant post in the Department of Obstetrics & Gynaecology, Ninewells Hospital & Medical School, Dundee, Scotland for 3 years (from 1995 to 1998).

Prof. Janesh is the editor-in-Circuit of the European Journal of Obstetrics and Gynecology (EJOG) and since 2014 and has published over 200 peer-reviewed papers, books, and chapters in books

He is passionate about how the future in Gynaecology is going to be Ambulatory Gynaecology, and outpatient hysteroscopy should include diagnostic and therapeutic procedures. He has set up such services in Birmingham, UK where the vast majority of cases done are under local anaesthesia i.e. such as submucous fibroid resections and polyps removals and endometrial ablations and previously hysteroscopic sterilisations.

#### **Topic of Presentation:**

Clinical Management of Endometriosis

#### **Outline:**

The future in endometriosis treatment is that if you get the diagnosis of the core clinical problem correct, then the way forward will be by medical management. Endometriosis is only one cause of pelvic pain, but it is now clear that women with endometriosis also suffer from many other co-existent problems such as irritable bowel syndrome, musculoskeletal problems, etc. These are often disregarded as important issues or misdiagnosed leading to partial treatment effects, especially by surgery alone. Fully understanding the full clinical issues should lead to better long-term outcomes for women with endometriosis.