

### Ms. Rachael Kerubo



#### **Biodata:**

Rachael Kerubo is a public health practitioner, water sanitation, hygiene expert, and Sexual reproductive health champion. She is a menstrual hygiene activist and MHM trainer, focusing on sustainability in menstrual health.

She is the CEO and co-founder of the Live Healthy Initiatives. Live Healthy Initiatives is a Kenyan - local NGO that supports a healthy lifestyle by implementing policies and programs to create sustainable changes in Kenyan communities, schools, and workplaces.

LHI's focal areas include:

1. Water Sanitation & hygiene
2. Health Education
3. Health Research and Policy
4. Public and Environmental Health
5. Community Health Support
6. Sexual reproductive health and rights

#### **Topic of Presentation:**

The correlation between endometriosis and sustainable menstrual health.