

Ms. Faith Gichanga-Osiro (Bliss or Blisters)



Biodata:

Faith is a Counselling Psychologist, registered with Kenya Counselling & Psychological Association (KCPA). She conducts individual, couples and group therapy. She is competent in handling diverse issues including psychological first aid, trauma counselling as well as therapy for clients living with chronic conditions among others. She's passionate about workplace mental wellness where she is championing development and implementation of workplace mental health policies for effectiveness and sustainability of mental wellness programs in the corporate space. Faith is also a trainer and content creator in areas of self-awareness, marriage & family, workplace mental health and every day psychological wellness. She has attained several qualifications, the highest being Master of Arts degree from the University of Nairobi.

Topic of Presentation:

Mental Health Needs for Endometriosis Patients:

Outline:

Endometriosis leaves its patients with a psychological and emotional burden in addition to the physical symptoms identified such as infertility, chronic pain, and fatigue. We can no longer consider a multidisciplinary approach to treatment and leave out mental health. Some of the Organizations carrying out the awareness.