

### Ms. Elsie Wandera



#### **Biodata:**

Elsie Wandera is the founder of The Endometriosis Foundation of Kenya started in 2014 with the aim of raising awareness about the condition and avoiding all stereotypes around period pain and the women who suffer in silence. The organization seeks to improve the knowledge of and the management of Endometriosis as well as influence policy around inclusive access to healthcare services. Our desire is also to drive awareness in the workplace on endometriosis and hopefully influence paid leave policy for women with Endometriosis and provide wholistic wellness support in that space.

Here's a link to one of our favorite videos: [Phantom of Pain](#)

#### **Topic of Presentation:**

Finding Purpose in Pain - The Role of the Endometriosis Foundation of Kenya