

Ms. Doris Murimi is an Author, Adolescent Menstrual Health Advocate, Founder and CEO of Endo Sisters East Africa Foundation.



Biodata:

Ms Murimi is an Endo warrior who unknowingly struggled with endometriosis for 30 years, before finally obtaining a diagnosis in 2014. In addition, she also suffered from fibroids. Six years ago, this experience bore her passion project, creating awareness on endometriosis. This passion project metamorphosed first into a program of Gospel Preachers Church in Thika, then into an independent foundation now known as Endo Sisters East Africa Foundation which runs the #YellowNailsMovement campaign on endometriosis awareness. In 2020, her dream of seeing menstrual disorders taught in schools was realized through the Foundation. Thereafter in 2021, she authored her first book entitled 'When Something is Wrong...Understanding Menstrual Disorders'.

Topic of Presentation:

Awareness and Advocacy Efforts in Kenya

Outline:

The presentation shall focus on the work of the Endo Sisters East Africa Foundation, specifically our strategies, Programming Approaches, Achievements and Take Away for various stakeholders